

MOM MANTRAS

Affirmations for Moms

If I am unable to complete the chores for today, it's okay to sit and enjoy a cup of tea.

Today, I count only those things that I have done and smile.

I trust my children

Getting frustrated is a part of motherhood, it doesn't mean I lack something.

Today, I will teach by example and not by advice.

At times, I am angry with my kids but I always love them.

Today, I will see the best in my child and myself

When my child talks, I will listen to him and not think of crossing another task on my 'to do' list.

Even if I get nothing done on some days, I am thankful for the day well spent.

I make a difference in the world, one child at a time.

I am always at the right place, doing the right thing at the right time (even when it looks like I am not).

I like growing with my child.



BLISS FOR MOMS